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orange (peeled) 1 banana (peeled) 1 clementine (peeled) 1 cup baby spinach (fresh or frozen) ½ avocado (peeled and stoned) ¼ cup water. Mix all these ingredients by blending for about 30 seconds in your Nutri Ninja. Pour into a serving glass and enjoy your yummy Nutri Ninja smoothie.

20 Nutri Ninja Recipes (Healthy & Delicious Ninja ... with processor bowl with Nutri Ninja ® Cup 1. Place the blade onto the gear in the food processor bowl. 2. Form a diamond by placing one of the corners of the food processor bowl over the Ninja® logo on the base. 3. Lock the food processor bowl into place by rotating the bowl clockwise until you hear a click. 4. RECIPES! - NinjaKitchen.com Ninja® creates some of the most

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nutrients and vitamins. Capable of blending all fruits and vegetables whilst crushing ice, seeds and skins to create delicious smoothies for you to enjoy. Nutri Ninja Recipe Book: 70 Smoothie... by Liana Green 70. 2

teaspoons olive oil 3 cloves garlic  $\frac{3}{4}$  medium yellow onion, 3 cut into 3 pieces  $\frac{1}{4}$  teaspoon salt  $\frac{1}{4}$  teaspoon ground black pepper 2 teaspoons red curry paste  $2\frac{1}{4}$  cups carrots, peeled and cut into 1-inch chunks  $2\frac{1}{4}$  cups low-sodium chicken broth  $1\frac{1}{4}$  cups light coconut milk. 1 Place a 3-quart saucepan over medium heat.

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